

DECEMBER 2023

Unatego MS-HS Breakfast

Breakfast and Lunch will be served at NO COST to students for the 23/24 school year!

Menu subject to change without notice.
Allergen information for menu items is available, ask an employee for details.

Monday

Tuesday 🏅 Wednesday

Thursday

Friday

Breakfast Sandwich 100% Juice Fresh/Canned Fruit Low Fat/Fat Free Milk

- Cheese Omelet
 W/ ½ Bagel
 100% Juice
 Fresh/Canned Fruit
 Low-fat/Fat Free Milk
- Pancakes 100% Juice Fresh/Canned Fruit Low Fat/Fat Free Milk
 - Frudel
 100% Juice
 Fresh/Canned Fruit
 Low-fat/Fat Free Milk
- Yogurt & Muffin 100% Juice Fresh/Canned Fruit Low Fat/Fat Free Milk
- Breakfast Sandwich 8
 100% Juice
 Fresh/Canned Fruit
 Low Fat/Fat Free Milk

- Waffles & Sausage 100% Juice Fresh/Canned Fruit Low Fat/Fat Free Milk
- Scrambled Eggs
 w/ ½ Bagel
 100% Juice
 Fresh/Canned Fruit
 Low Fat/Fat Free Milk
- Pillsbury Breakfast
 Bar
 100% Juice
 Fresh/Canned Fruit
 Low Fat/Fat Free Milk
- Cinni-Minis
 100% Juice
 Fresh/Canned Fruit
 Low Fat/Fat Free Milk
- Breakfast Sandwich 100% Juice Fresh/Canned Fruit Low Fat/Fat Free Milk

- Breakfast on a Stick 18
 100% Juice
 Fresh/Canned Fruit
 Low-fat/Fat Free Milk
- Yogurt & Pop Tart 100% Juice Fresh/Canned Fruit Low Fat/Fat Free Milk
- French Toast Sticks 20 100% Juice Fresh/Canned Fruit Low Fat/Fat Free Milk
 - Muffin 100% Juice Fresh/Canned Fruit Low Fat/Fat Free Milk
- Breakfast Sandwich 22 100% Juice Fresh/Canned Fruit Low Fat/Fat Free Milk



Enjoy you moliday break!

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Available Daily: Assorted Cereal, Assorted Cereal w/ 1/2 Bagel, Bagel w/ Cream Cheese,

(Pop Tart and Smoothies – MS/HS only)

Milk Choices: 1% White, 1% Chocolate

